

## **Package leaflet: Information for the user**

### **Brown & Burk Allergy relief 8mg Capsules, hard** acrivastine

This medicine is used to relieve the symptoms of hay fever and other allergic conditions such as pet allergies, dust allergies and skin reactions.

This medicine is for use by adults and adolescents aged 12 – 65 years.

#### **Do not take this medicine:**

There are some people who should not use this medicine. To find out if you are one of them.

See Section 2

If you have ever had a bad reaction to any of the ingredients or any other antihistamine.

See Section 6 for the list of ingredients

#### **Speak to your doctor:**

If you suffer from any of the conditions mentioned in section 2.

See Section 2

If you are taking any other medicines.

See Section 2

#### **Follow the dosage instructions carefully.**

See Section 3

Now read this whole leaflet carefully before you use this medicine. Keep the leaflet: you might need it again.

### **1. What this medicine is and what it is used for**

This medicine is a medicine which is used to relieve the symptoms of hay fever and other allergic conditions such as pet or dust allergies. The capsules contain acrivastine which is an antihistamine that helps relieve allergy symptoms such as sneezing, runny nose and watery eyes.

It can also be used to treat the symptoms of urticaria, also known as hives, where the skin looks blotchy with white raised wheals (bumps) surrounded by redness. This medicine is for use in adults under 65 years old and adolescents aged 12 years and over.

### **2. What you need to know before you take this medicine**

This medicine is suitable for most adults under 65 years old and adolescents aged 12 years and over but a few people should not use it. If you are in any doubt, talk to your doctor or pharmacist.

#### **Do not take this medicine**

- If you have ever had a bad reaction to any of the ingredients, or to the antihistamine triprolidine.
- If you have severe kidney disease.

If any of these apply to you, get advice from a doctor or pharmacist without taking this medicine.

## Warnings and precautions

### Talk to your doctor or pharmacist

- If you have kidney problems.
- If you are taking any other medicines, including:
  - Sedatives or tranquillisers (used to treat anxiety or sleep disorders).
  - Ketoconazole (an antifungal used to treat fungal infections).
  - Erythromycin (an antibiotic used to treat bacterial infections).

If you are not sure about any of the medicines you are taking, show the bottle or pack to your pharmacist.

If any of these bullet points apply to you now or in the past, talk to a doctor or pharmacist before taking this medicine.

### If you are pregnant or breast-feeding

Ask your doctor or pharmacist for advice before taking this medicine if you are pregnant or breast-feeding.

### Special warnings about this medicine

- Do not drink grapefruit juice while taking this medicine.
- This medicine may cause drowsiness and dizziness. Caution should be used when driving or operating machinery. If this product makes you feel drowsy or dizzy, do not drive or operate machinery. This product should not be taken whilst under the influence of alcohol.
- As with all antihistamines, it is advisable to avoid excessive alcohol consumption when taking this medicine.

### This medicine contains lactose.

This product contains lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

## 3. How to take Brown & Burk Allergy relief 8mg Capsules, hard

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist or nurse has told you. Check with your doctor or pharmacist or nurse if you are not sure.

### Check the below table to see how much medicine to take.

- For oral use only.
- Do not take more than the stated dose shown in the table.

### Children under 12 years old

This medicine is not recommended for children aged under 12 years.

### Adults and Adolescents 12 – 65 years old

Age	Dose
Adults and adolescents 12-65 years	1 Capsule up to 3 times a day.
<ul style="list-style-type: none"><li>• Do not take more than 3 doses in 24 hours.</li><li>• If symptoms persist or worsen talk to your doctor.</li></ul>	

### **Adults over 65 years**

This medicine is not recommended for adults aged over 65 years old.

### **If you take more Brown & Burk Allergy relief 8mg Capsules, hard than you should**

If anyone has too much contact a doctor or your nearest Accident and Emergency Department (Casualty) taking this leaflet and pack with you.

### **If you forget to take Brown & Burk Allergy relief 8mg Capsules, hard**

If you forget to take a dose, take the next dose when needed provided that you only take a maximum of 3 Capsules in 24 hours. Do not take a double dose.

## **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

### **If you experience any of the following, stop using the medicine and seek immediate medical help:**

Unknown

- Sudden signs of allergy, including swelling of the face, lips, mouth, tongue or throat, which may cause difficulty in swallowing or breathing.

### **If you experience any of the following, stop taking this medicine and talk to your doctor:**

Unknown

- Allergic reactions including rash

### **Other effects which may occur:**

Very common (may affect more than 1 in 10 people)

- Drowsiness

Common (may affect upto 1 in 10 people)

- Dry mouth
  
- Dizziness

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

You can also report side effects directly via the Yellow Card Scheme at Website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store this medicine**

Keep this medicine out of the sight and reach of children

Do not use this medicine after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Do not store above 30°C. Store in the original package.

Do not throw away any medicines via wastewater. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment

## **6. Contents of the pack and other information**

- The active substance is acrivastine 8 mg
- The other ingredients are lactose monohydrate, sodium starch glycolate, magnesium stearate, titanium dioxide (E171), gelatin.

### **What this medicine looks like and contents of the pack**

White opaque cap and white opaque body, size “3” hard gelatin capsule shells filled with white to off white colored granular powder. Approximately 16 mm in length.

#### **Pack sizes:**

Blister containing 9, 12, 21, 24 capsules, hard

Not all pack sizes may be marketed

#### **Marketing Authorisation Holder**

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