

## **Package leaflet: Information for the patient**

### **Nefopam hydrochloride 60 mg film-coated tablets** (nefopam hydrochloride)

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet:**

1. What Nefopam hydrochloride is and what it is used for
2. What you need to know before you take Nefopam hydrochloride
3. How to take Nefopam hydrochloride
4. Possible side effects
5. How to store Nefopam hydrochloride
6. Contents of the pack and other information

#### **1. What Nefopam hydrochloride is and what it is used for**

Nefopam hydrochloride belongs to a group of medicines called analgesics, commonly known as pain killers or pain relievers. The active substance, nefopam hydrochloride, interrupts the pain messages being sent to your brain, and it also acts in your brain to stop pain messages being felt. This means that Nefopam hydrochloride does not stop the pain from happening, but you will not be able to feel the pain as much.

Nefopam hydrochloride is used to relieve acute and chronic pain (for example pain after an operation, dental pain, joint or muscle pain, after an injury, or pain caused by cancer). Nefopam hydrochloride should not be used to treat the pain from a heart attack.

#### **2. What you need to know before you take Nefopam hydrochloride**

##### **Do not take Nefopam hydrochloride tablets if:**

- you are a child under 12 years old
- you have ever had an allergic reaction to nefopam hydrochloride or any of the ingredients resulting in a skin rash, swelling of the face or difficulty in breathing (see section 6. Contents of the pack and other information)
- you are taking monoamine oxidase inhibitors (MAOIs) to treat your depression
- you have, or have ever had, epilepsy (fits).
- Your dose is less than 60mg.

Take special care with Nefopam hydrochloride

**If the answer to any of the following is ‘yes’, you must tell your doctor** – your doctor may decide to alter your treatment.

- Are you pregnant or breast feeding?
- Do you have severe problems with your liver or kidneys?
- Do you have, or have you had in the past difficulty passing urine?
- Are you taking other medicines?
- Have you previously been diagnosed with glaucoma (increased pressure in the eye)?

Use of Nefopam may lead to dependence and abuse. If you have concerns that you may become dependent on Nefopam, it is important that you consult your doctor.

### **Taking other medicines**

**Please tell your doctor or pharmacist** if you are taking or have recently taken any other medicines, including those obtained without prescription and medicines listed below:

- Monoamine oxidase inhibitors (known as MAOIs) for depression. **You must tell your doctor** if you are taking this medicine.
- Tricyclic antidepressants for depression
- Anticholinergics
- Sympathomimetics

Tell your doctor or dentist if you are taking any of these medicines.

### **Pregnancy and breast-feeding**

Nefopam hydrochloride should not be taken during pregnancy or while breast-feeding.

Ask your doctor or pharmacist for advice before taking any medicine. Please contact your doctor if you become pregnant during your treatment.

### **Driving and using machines**

Nefopam hydrochloride can cause drowsiness. Do not drive or operate heavy machinery unless you know how Nefopam hydrochloride affects you.

## **3. How to take Nefopam hydrochloride**

### **Dosage for adults:**

Always take Nefopam hydrochloride exactly as your doctor has told you.

The usual initial dose is one tablet taken three times a day. Your doctor may increase this dose by adding another strength (i.e. one tablet of Nefopam 30mg) up to a maximum of 90mg taken three times a day according to your needs.

Ask your doctor or pharmacist if:

- you are not sure how many tablets to take or when to take them
- you think the effect is too strong or too weak

Swallow your tablets with water.

Do not break this tablet as it cannot be divided into two equal halves.

### **Dosage for children:**

Over 12 years - as per adults (see above).

Under 12 years - Nefopam hydrochloride tablets should not be taken by children under 12.

### **Dosage for older patients :**

In older patients the doctor may reduce the dose by prescribing Nefopam 30mg tablets.

Dosage for patients with kidney and/or liver problems:

Your doctor may adjust the dose of Nefopam hydrochloride depending upon your condition.

### **If you take more Nefopam hydrochloride than you should**

If you accidentally take more tablets than your prescribed dose, tell your doctor or pharmacist immediately and if necessary contact your nearest hospital casualty department. Remember to take the pack and any remaining medicines with you.

### **If you forget to take Nefopam hydrochloride**

If you forget to take Nefopam hydrochloride, take it as soon as you remember. Do not take more than one dose at the same time to make up for the forgotten dose.

### **If you stop taking Nefopam hydrochloride**

Do not stop taking Nefopam hydrochloride without first checking with your doctor.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

## **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

**Please stop taking this medicine and contact your doctor as soon as possible if you experience the following rare reactions:**

- swelling of the skin and soft tissue around the eyes, nose and throat (angioedema), or allergic reactions (anaphylaxis).

Side-effects which may occur most frequently include:

- feeling sick
- feeling light-headed, dizzy or nervous, or fainting
- a decrease in blood pressure
- numbness or tingling in the extremities
- a dry mouth
- having difficulty passing urine
- convulsions, tremor
- confusion
- hallucinations (seeing things that aren't there)
- awareness of your heartbeat (palpitations)

Other side-effects which may occur less frequently include:

- being sick
- abdominal pain or diarrhoea
- blurred vision
- drowsiness
- sweating
- trouble sleeping
- headaches
- fast heartbeat (tachycardia)
- coma

Rare (may affect up to 1 in 1,000 people):

- becoming dependent on Nefopam (drug dependence).

### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

You can also report side effects directly via Yellow Card Scheme, Website:

[www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Nefopam hydrochloride**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton or blister after EXP. The expiry date refers to the last day of that month.

Do not store above 25 °C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Nefopam hydrochloride contains**

The active substance is nefopam hydrochloride. Each film-coated tablet contains 60 mg nefopam hydrochloride.

The other ingredients are:

Tablet core: Microcrystalline cellulose, calcium hydrogen phosphate dihydrate, pregelatinised maize starch, silica, colloidal anhydrous, hydrogenated castor oil and magnesium stearate.

Tablet coat: Hypromellose and titanium dioxide.

### **What Nefopam hydrochloride looks like and contents of the pack**

White to off-white, circular, biconvex, film coated tablets, debossed with 'NT1' on one face and plain on other face.

The tablets are packaged in blister packs of 30, 60 and 90 film-coated tablets.

Not all pack sizes may be marketed.

### **Marketing Authorisation Holder and Manufacturer**

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**This leaflet was last revised in 3/2026.**

**If you would like a leaflet with larger text, please contact +44 (0)203 384 7188.**